

breakfast

BIG BREAKFAST \$12.25

2 eggs, choice of meat (pork or turkey bacon, links, patties, or beef sausage +\$3.50), potatoes, or grits.

TRINITY \$14.00

3 eggs, choice of meat, potatoes, or grits with toast.

CHICKEN N' WAFFLES \$17.50

enjoy our fluffy waffles and crispy chicken.

BREAKFAST SANDWICH \$11.50

ried egg, choice of meat, and choice of bread. (with bagel +\$1.00)

SHRIMP N' GRITS \$17.50

served with choice of toast.

extra shrimp +\$7.50, extra sauce +\$2.50

SALMON PATTIES \$17.50

grits, eggs, and choice of toast.

FISH N' GRITS

Choice of haddock (\$19.25), catfish (\$23.25)
whiting (\$18.25)

VEGETABLE OMLET \$14.95

fried egg, choice of meat, and choice of bread. (with bagel +\$1.00)

griddle classics

enjoy some of our classic breakfast favorites, served
with 2 eggs and a choice of meat.

PANCAKES \$14.50

FRENCH TOAST \$14.00

WAFFLES \$13.50

PANCAKES ONLY \$8.50

FRENCH TOAST ONLY \$8.50

WAFFLE ONLY \$9.00



683 Northland Ave, Buffalo, NY 14211
(716) 253-2100 - dine-in & takeout

Wednesday- Thursday 9am - 6pm

Friday 9am - 6pm

Saturday 9am - 2pm

Sunday 11am - 4pm

sunday + wednesday
OXTAILS
thursday night
JAZZ

check out our daily specials

heavenly sides

GRITS \$4.96

EGGS 1 (\$1.25) 2(\$2.50)

HOME FRIES \$5.95

TOAST \$1.50

BAGEL \$2.50

chicken

MANNA CHICKEN WINGS 10 (\$14.99) 20 (\$24.99)

Choose you favorite flavor, Mild, Hot, Manna Mango
Bam Bam

MANNA CHICKEN DINNER

served with fresh corn bread.

2 piece with 1 side. \$11.50

3 piece with 2 sides. \$14.50

4 piece with 2 sides. \$18.50

FAMILY DINNER \$28.49

Includes 10 pieces of chicken with 2 large side dishes, and 4
pieces of cornbread.

soups, salads, & sandwiches

all sandwiches made on 6 inch roll with lettuce,
tomato, and fries or side salad

MANNA GUMBO	S (\$7.99) L (\$11.99)
HADDOCK SANDWICH	\$16.25
baked or fried haddock	
CATFISH SANDWICH	\$21.50
baked or fried catfish	
SHRIMP PO'BOY	\$14.50
sauteed or fried shrimp	
MANNA CHEESESTEAK	\$15.99
MANNA TURKEY CLUB	\$15.99
MANNA CRUSTED CHICKEN	\$14.50
served with provolone cheese, manna slaw, tomato, onion on garlic toasted bread.	
TWO SAHLEN HOT DOGS	\$11.50
HOMEMADE ANGUS BURGER	\$14.50
MANNA COBB SALAD	\$16.99
CHICKEN CAESAR SALAD	\$14.99
GRILLED SALMON SALAD	\$18.99
GRILLED CHEESE	\$9.50
VEGGIE BURGER	\$14.50
CHOPPED CHICKEN HOAGIE	\$14.99
FRESH FRUIT & NUT PLATTER	\$10.50

MANNA'S FAMOUS MINT TEA \$3.50

AVAILABLE DRINKS

JUICE	\$3.50
COKE PRODUCTS	\$3.50
COFFEE	\$4
TEA	\$3.50
FOUNTAIN DRINK	\$3.50
GALLON TEA	\$21

FIZZ

WNY FAMOUS SODA

GINGER BEER, SYRACUSE ORANGE, ROOT BEER
PINEAPPLE, BLACK CHERRY (\$3.50)

entrees

JUNETEENTH SPECIAL \$18.49

our famous whiting fish alongside beef sausage & chicken
jambalya. vegetarian option available.

JAMBALYA S(\$8.50) L (\$12.50)

beef sausage & chicken jambalaya. vegetarian option available.

VEGGIE JAMBALAYA S(\$8.00) L (\$11.00)

BAKED FISH DINNER

served with fresh corn bread and two sides.

Haddock \$18.99

Whiting \$18.99

Catfish \$22.99

FISH DINNER

served with fresh corn bread and two sides.

Haddock \$18.25

Whiting \$18.25

Catfish \$22.25

heavenly sides

MANNA SLAW	S (\$6.50) L (\$8.50)
MAC N' CHEESE	S (\$6.50) L (\$8.50)
COLLARD GREENS	S (\$6.50) L (\$8.50)
GREEN BEANS	S (\$6.50) L (\$8.50)
SIDE SALAD	\$7.25
YAMS	S (\$6.50) L (\$8.50)
RICE N' BEANS	S (\$6.50) L (\$8.50)
BAKED BEANS	S (\$6.50) L (\$8.50)
FRENCH FRIES	\$6.00