



# MENU

FEEDING THE SOUL OF WNY

## OPENING HOURS

Tuesday - Thursday 9am - 4pm  
 Friday 9am - 6 pm  
 Saturday 9 am - 2pm  
 Sunday 11am - 4pm

# BREAKFAST

## BREAKFAST ENTREES

**BIG BREAKFAST** \$11.50

2 eggs, choice of meat (pork or turkey bacon, links, patties, or beef sausage +3.50), potatoes, or grits.

**TRINITY** \$13

3 eggs, choice of meat, potatoes, or grits with toast.

**CHICKEN N' WAFFLES** \$16.50

enjoy our fluffy waffles and crispy chicken.

**BREAKFAST SANDWICH** \$10.9

ried egg, choice of meat, and choice of bread. (with bagel +\$1.00)

**SHRIMP N' GRITS** \$16.50

served with choice of toast. extra shrimp +7.50, extra sauce +2.50

**SALMON PATTIES** \$16.50

grits, eggs, and choice of toast.

**FISH N' GRITS**

Choice of haddock (\$18.25), catfish (\$22.25) whiting (\$18.25)

## GRIDDLE CLASSICS

enjoy some of our classic breakfast favorites, served with 2 eggs and a choice of meat.

**PANCAKES** \$14.00

**FRENCH TOAST** \$13.50

**PANCAKES ONLY (2)** \$7.50

**WAFFLES** \$12.50

**FRENCH TOAST ONLY** \$7.50

## HEAVENLY SIDES

**GRITS** \$4.45

**TOAST** \$3.50

**HOME FRIES** \$4.49

**BAGEL** \$5.00

## FAN FAVORITES



### CHICKEN N' WAFFLES

enjoy our fluffy waffles and crispy chicken. \$16.50



### SHRIMP N' GRITS

served with choice of toast. \$16.50 extra shrimp +7.50, extra sauce +2.50



### FRIED CHICKEN DINNER

served with fresh corn bread. 2 piece with 1 side. \$10.49 3 piece with 2 sides. \$13.49 4 piece with 2 sides. \$17.49



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# MID-DAY PROVISIONS

## ENTREES

|   |                  |
|---|------------------|
| MANNA CRUSTED CHICKEN BREAST  | \$13.50          |
| <i>served with provolone cheese, manna slaw, tomato, onion on garlic toasted bread.</i>   |                  |
| TWO SAHLEN HOT DOGS   | \$11.50          |
| HOUSEMADE ANGUS BURGER  | \$13.50          |
| JUNETEENTH SPECIAL  | \$18.49          |
| <i>our famous whiting fish alongside beef sausage &amp; chicken jambalya. vegetarian option available.</i>  |                  |
| JAMBALYA  | \$7.50   \$11.50 |
| <i>beef sausage &amp; chicken jambalaya. vegetarian option available.</i>   |                  |
| MANNA COBB SALAD  | \$15.99          |
| <i>salad greens, chicken, cucumber, egg, bacon, avacado, tomato, crumbly bleu cheese with manna dressing. (w/ shrimp +\$9.00   w/ chicken \$5.00)</i> |                  |

## SANDWICHES

*all sandwiches made on 6 inch roll with lettuce, tomato, and fries or side salad*

|   |         |
|---|---------|
| HADDOCK                                 | 15.25   |
| <i>baked or fried</i>                   |         |
| CATFISH                                 | \$20.50 |
| <i>baked or fried</i>                   |         |
| SHRIMP PO'BOY                           | \$13.50 |
| <i>fried or sautéed</i>                 |         |
| GRILLED CHEESE                          | \$8.50  |
| VEGGIE BURGER                           | \$13.50 |
| <i>served with fried and side salad</i> |         |

## DRINKS

|                |        |               |      |
|----------------|--------|---------------|------|
| JUICE          | \$3.50 | HOT TEA       | \$3  |
| MANNA TEA      | \$3.50 | COFFEE        | \$4  |
| COKE PRODUCTS  | \$3    | GALLON OF TEA | \$18 |
| FOUNTAIN DRINK | \$3    |               |      |

# LAST SUPPER

## ENTREES

|   |                  |  |
|---|------------------|--|
| VEG. JAMBALYA   | \$7.00 - \$11.00 | CHICKEN DINNER   |
|   |                  | <i>served with fresh corn bread.</i>                                   |
|   |                  | <i>2 piece with 1 side. \$10.49</i>                                    |
|   |                  | <i>3 piece with 2 sides. \$13.49</i>                                   |
|   |                  | <i>4 piece with 2 sides. \$17.49</i>                                   |
| FAMILY DINNER   | \$28.49          | FISH DINNER  |
| <i>includes 10 piece with 2 large side dishes, 4 pieces of cornbread.</i> |                  | <i>served with 2 side dishes and cornbread.</i>                        |
| VEGETABLE OMELET  | \$13.50          | Choice of haddock (\$18.25),<br>catfish (\$22.25)<br>whiting (\$18.25) |

## HEAVENLY SIDES

|                |                 |
|----------------|-----------------|
| MANNA SLAW     | \$5.50 - \$9.99 |
| MAC N CHEESE   | \$5.00 - \$9.50 |
| COLLARD GREENS | \$5.50 - 7.50   |
| GREEN BEANS    | \$5.50 - \$9.50 |
| SIDE SALAD     | \$6.50          |
| RICE N' BEANS  | \$5.50 - \$9.50 |
| BAKED BEANS    | \$4.50 - \$7.50 |
| FRENCH FRIES   | \$5.50          |